


SENIOR CENTER EVENTS – MARCH 2013

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>For Additional Information Call 287-6409</div> <div>DAYLIGHT SAVINGS BEGINS SUNDAY, MARCH 10 "SPRING FORWARD"</div>	DAILY EVENTS: Billiards Table Tennis Board Games Playing Cards Bocce Ball Walking Trail Horseshoes Exercise Equip. Shuffleboard Computer Lab TV Available Coupon Room Newspaper Magazines Puzzles Lunch 11:30 a.m.	8:30 a.m. – 5:00 p.m. Conversation Medical Equipment Chair Fitness Videos Public Transportation Stop EFFECTIVE IMMEDIATELY YOU MUST RESERVE YOUR LUNCH AT LEAST ONE DAY IN ADVANCE	TAX PREPARATION – BY APPOINTMENT ONLY THURSDAYS & FRIDAYS THROUGH APRIL 12 CALL 287-6409 OR SEE FRONT RECEPTIONIST TO SCHEDULE	8:45 Aerobics 9:00 SilverStriders 10:00 Fun/Fellowship/Singing 12:30 Slow-moving Exercise SENIOR GAMES REGISTRATION MARCH 1-15
8:45 Aerobics 9:00 SilverStriders 9:00 - 2:30 Art Group 9:00 -11:00 Crochet 11:00 Funtime Cheerleading 12:30 Slow-moving Exercise	9:00 Needlework 10:00-11:00 Computer Class 10:00 Yoga 11:15 CHAIR EXERCISE 1:00 ARCHERY PRACTICE-GREEN CREEK FAMILY CENTER	8:30 Wednesday Walk 8:45 TRIP TO HAMRICK'S 8:45 Aerobics 9:00 Stitchery 10:00 Line Dancing 12:30 Oil Art Group 12:30 Slow-moving Exercise	9:00 Needlework 10:30 CHAIR VOLLEYBALL 12:00 – 4:00 Bridge 1:00 Wii FUN	8:45 Aerobics 9:00 SilverStriders 10:15 MEET THE STAFF & ADVISORY BOARD 12:30 Slow-moving Exercise
8:45 Aerobics 9-11 BLOOD PRESSURE CHECK 9:00 SilverStriders 9:00 - 2:30 Art Group 9:00 -11:00 Crochet 11:00 Funtime Cheerleading 12:30 Slow-moving Exercise	9:00 Needlework 10:00-11:00 Computer Class 10:00 Yoga 10:30 CRAFT TIME W/LAVADA WALL (FAMILY TREE) 1:00 DIABETIC SUPPORT GROUP- "FIGHTING THE FAT"	8:30 Wednesday Walk 8:45 Aerobics 9:00 Stitchery 10:00 Line Dancing 10:30 CRAFT TIME W/LAVADA WALL (EASTER CANDY HOLDER) 12:30 Oil Art Group 12:30 Slow-moving Exercise	9:00 Needlework 10:30 PEN PALS 12:00 – 4:00 Bridge 1:00 Wii FUN	8:45 Aerobics 9:00 SilverStriders 10:00 Fun/Fellowship/Singing 10:30 BOOK CLUB 12:30 Slow-moving Exercise 1:00 TABLE TENNIS 1:15 TRIP TO GREEN ROOM THEATER MATINEE – "QUILTERS"
8:45 Aerobics 9:00 SilverStriders 9:00 - 2:30 Art Group 9:00 -11:00 Crochet 10:30 RECIPE CLUB 11:00 Funtime Cheerleading 12:30 Slow-moving Exercise WEAR GREEN TODAY	9:00 Needlework 10:00-11:00 Computer Class 10:00 Yoga 10:30 SHIIP PROGRAM: MEDICARE FRAUD & ABUSE, SCAMS, & PROTECTING YOUR IDENTITY 1:00 Wii FUN	8:30 Wednesday Walk 8:45 Aerobics 9:00 Stitchery 9-11 HEARING SCREENING 9:30 TEA PARTY 10:00 Line Dancing 12:30 Oil Art Group 12:30 Slow-moving Exercise 12:30-2 HEARING SCREENING	9:00 Needlework 12:00 – 4:00 Bridge 5:15 MEET & EAT CLUB – BIG DAVES, FOREST CITY 9:00-1:00 BRING IN SILVERARTS ENTRIES	8:45 Aerobics 9:00 SilverStriders 9:00-1:00 MEDICINE DROP 12:30 Slow-moving Exercise 1:00 TABLE TENNIS
8:45 Aerobics 9:00 SilverStriders 9:00 - 2:30 Art Group 9:00 -11:00 Crochet 10:00 SHUFFLEBOARD PRACTICE 11:00 Funtime Cheerleading 12:30 Slow-moving Exercise 1:00 SHUFFLEBOARD PRACTICE SILVERARTS JUDGING	9:00 Needlework 10:00-11:00 Computer Class 10:00 Yoga 10:00 CORNHOLE PRACTICE 11:15 CHAIR EXERCISE 1:00 CORNHOLE PRACTICE	8:30 Wednesday Walk 8:45 Aerobics 9:00 Stitchery 10:00 Line Dancing 10:00 FOOTBALL THROW PRACT. 11:15 EASTER HAT PARADE 12:30 Oil Art Group 12:30 Slow-moving Exercise 1:00 FOOTBALL THROW PRACT.	9:00 Needlework 9:00 SILVERARTS RECEPTION 10:45 SILVERARTS AWARDS 11:30 BIRTHDAY RECOGNITION 12:00 – 4:00 Bridge	 CLOSED FOR THE EASTER HOLIDAY GOOD FRIDAY PERFORMING ART FOLLIES April 5 at 7:00 p.m. SENIOR GAMES April 12-26

← SILVERARTS DISPLAY OPEN EACH DAY →